

# LECTURERS

## ***Alina Wieja***



Is the founder and vice board director of Christian Foundation Life and Mission, director of the Institute of Christian Counseling and the chief editor of the magazine "Our Inspirations". She conducts trainings and seminars and also presents lectures on topics such as marriage, strong family and effective help in crisis situations. She is involved in Christian counseling and is one of the leaders of Christian fellowship Life and Mission.

She is the author of many books: "Woman to woman", "Woman's return to the harmony with the Creator", "Woman in the embrace of the Creator", "Seven pillars of wisdom", "Restoration of an abundant life" and

the co-author of the handbook "How to help others effectively". Together with her husband, Alina co-authored the book "Marriage we dream about".

Her passion is helping people to discover their potential and find and fulfill God's calling for their lives. Her desire for others is that their dreams and visions become reality, have eternal dimension and bring consistent fruits for God's Kingdom.



## ***Aleksander Macha***

Has been a Christian for 34 years. He is an entrepreneur, businessman and an employer of 150 staff. He has been involved in various Christian projects for many years, is a valued speaker and frequently leads seminars on God's truths.

He is a husband, a father of two sons and a happy grandfather of two grand-daughters.

## ***Tadeusz Pawlak***



Is a Consultant Diabetologist and Endocrinologist working at the Department of Diabetes and Endocrinology at York Teaching Hospital. From 1985 till 1995 he was the Head of the Department of Internal Medicine at the hospital in Strzelno, Poland.

He is currently responsible for clinical governance at the Department of Medicine at York Teaching Hospital and is also Senior Lecturer at Hull and York Medical School. His clinical interests include insulin resistance, diabetes in pregnancy, the use of new technologies in diabetology, adrenal dysfunction and primary hyperparathyroidism. He is an active member of the Christian Medical Fellowship and leads Open House meetings for medical students.

## ***Henryk Wieja***



Is the founder and the board director of Christian Foundation Life and Mission and the leader of a Christian fellowship Life and Mission. He is a physician and also lectures and leads trainings and seminars on spiritual growth, full health, marriage, strength of the family and effective help in crisis situations.

He is an author of many books: "The secret of full health", "God whom we need", "The power of father's blessing" (book and the audio book) and is also a co-author of a handbook "How to help others effectively" and a book "Marriage we dream about".

He also publishes regularly in the quarterly magazine "Our Inspirations" and is a founder of the Centre for Preventive Medicine and Whole Person Care in Ustron in Poland.



### ***Jan Grzeszkowiak***

Is a Medical Director of Ophthalmology Centre in Poznan, Poland and a Consultant Ophthalmologist at Optimax Clinic in London.

In his daily work he performs laser surgery for sight correction and cataract treatment. He is also involved in training ophthalmic surgeons in modern surgical techniques.

He is a co-author of many research papers, medical and Christian books and is a valued conference speaker.

He has been involved, together with his family, in Christian medical missions in Africa since 2001.



### ***Magdalena Witt***

Is a pulmonary physician and lecturer at the Poznan University of Medical Sciences (PUMS) She had been the Head of the Department of Rescue and Disaster Medicine at PUMS during 2010 – 2016.

Since 2010 she has been a tutor working with British educational organization PRIME (Partnership in International Medical Education). She runs elective trainings for students of various faculties on communication skills, whole patient care, team work, interdisciplinary communication and equality and diversity.

Since 2011 she has been organizing workshops and conferences with PRIME's visiting tutors which take place at the University.

She is a member of Christian Medical Fellowship, the School of New Evangelization and Genezaret Fellowship.

## ***Aleksandra Bojarska***



Is a Consultant Anaesthetist at the University Hospital of South Manchester in Great Britain. She is a lecturer at the Medical School in Manchester, teaching medical students in a variety of formats such as simulation training, communication skills training (including breaking bad news) and PBL (Problem Based Learning).

For a number of years she has been involved in PRIME (Partnership in International Medical Education) and has been working with Dr Magda Witt at Poznan University of Medical Sciences (PUMS), running workshops and trainings for students in communication skills.

Aleksandra has been involved in many humanitarian missions, mainly in Africa, while working for international agencies like International Committee of the Red Cross (ICRC), Doctors Without Borders, Mercy Ships and Operation Smile.

She is passionate about variety of sports, especially skiing, mountain biking and fitness. Combining her professional and sport passions she is especially interested in relationship between physical fitness and health, recovery and aging process.

## Dr Gábor Györi



Professional experience includes working six years as an emergency medicine doctor, 19 years as a family doctor as well as a teaching physician at the Department of Family Medicine at Semmelweis University of Budapest. Substantial research and created various publications in the areas of anxiety disorder, depression, and on the relationship between faith and health. Current Position: Executive Director at IHS Global

Conference topics will cover:

- Whole person healthcare - seminar for doctors, nurses and other health professionals, presented by two local trainers
- The relationship between faith and health, and how to allow for that in the medical setting
- Self-care - developing our own "whole person" health



## Miroslawa Łućko

Cardiac Nurse Specialist for 8 years, recently works as a Lead Nurse in Cardiac Prevention and Rehabilitation in London, at St Georges University Hospital. She completed Counselling and Psychotherapy in London and now is studying to a specialist in fitness and cardiovascular exercise. She perceives that her personal and professional life is tightly connecting to God's plan.

She worked as a teacher in Nursing College in Poland, in a Nursing Home in the UK, in the hospitals on different departments and as a coordinator of medical and social projects in Caritas Polska.

She is an author and co-author a few articles to the Nursing Journals and to the book for the institutions and non-government organizations about homeless people.

She is interested in relation between family relationship, fitness, spiritual life, music and health, convalescence and aging process. She likes dancing, travelling and active relax in a nature.